

Champ Wrestling Camp

For Grades 2-12

This camp provides fundamentals and technique for beginning and experienced wrestlers!

Camp Clinicians:

Dave Mills

- Master World Champion
- Coach – Grand Valley State University (NCWA Team Champions 2001, 2002, 2006, 2007, and 2008)
- 2001 & 2006 National Coach of the Year
- Former High School Coach at Forest Hills HS

Tom Krepps

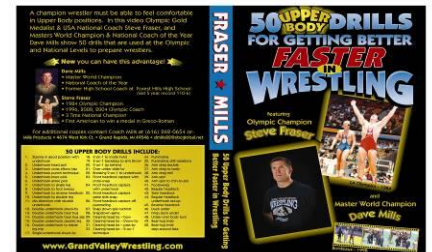
- 426-58 record as a High School Coach at Grandville MI.
- NCWA National Coach of the Year
- Michigan High School Coach of the Year
- Member of the National Wrestling Hall of Fame

Dennis Lewis

- Indiana Hall of Fame Wrestler and Coach
- 2 x Indiana High School State Champ & 1 x Runner Up
- 3 x NCAA Qualifier at Ball State, holds single season win record
- Over 25 years of coaching experience (Former Head Coach at NorthWood)

Rod Lone

- Current Head Coach at NorthWood High School
- ISWA Freestyle and Greco State Champ , 4 x member of Team Indiana
- Manchester College 4 year varsity winner, 5 years college experience
- 25 consecutive years of experience as a competitor or as a coach in Indiana



Dave Mills is a proven champion dedicated to developing wrestlers into champs. Besides many of his individual wrestling and coaching accomplishments, Dave has been educating the wrestling world through his wrestling and coaching technique DVD's. In our 4 day wrestling camp, these coaches and other staff members, will teach your wrestler the attitude and technique it takes to be a champ on and off the mat!

Who: Any wrestler going into grades 2-12
Coaches and Parents attend for FREE!

Where: NorthWood High School Gym
2101 N Main St., Nappanee, IN. 46550
- Hotel information: Nappanee Inn: 574-773-5999 & Inn at Amish Acres: 773-2011

When: June 14th-17th
-Two Sessions a day (**have clean workout gear everyday**)
* **Bring swim trunks the last day!**

Schedule: 10:00-11:30 Session I
11:30-12:30 Lunch and Game (**lunch can be bought at camp**)
12:30-2:00 Session II

Cost: \$75 early registration (Before May 18th)
\$90 late registration (After May 18th)
Please make check payable to **NorthWood Wrestling Club and send to:
Rod Lone - 551 N Main St. - Nappanee, IN. 46550



Champ Wrestling Camp

Name of wrestler _____

Address _____

Phone number _____ **Cell Phone** _____

E-mail Address _____

Age _____ (must be going into 2nd-12th grade) **D.O.B.** _____

School _____ **T-Shirt Size** _____

I understand that the program director, coaches, and Wa-Nee School Corporation cannot assume responsibility for hospital and medical costs. As a parent or guardian I agree to assume full cost of medical, dental, and hospital bills for my children, which are incurred by participation in the wrestling camp and assume full responsibility. . I/we _____, the undersigned, hereby authorize and first aid, medication, medical treatment or surgery deemed necessary in case of an emergency for _____, a participant in this camp.

Parent/Guardian Signature: _____

Wrestlers Singnature: _____



Please send the above form along with your Registration fee to:

Rod Lone
551 N Main St.
Nappanee, IN. 46550

***Please make all checks out to NorthWood Wrestling Club**

- Hotel information: Nappanee Inn: 574-773-5999 & Inn at Amish Acres: 773-2011
- All sessions take place at NorthWood High School Gymnasium
- Lunches can be purchased in the cafeteria!
*menu includes: pizza, PBJ and turkey sandwich, chips, pop, Gatorade, skittles and snickers. \$2- pizza slice, sandwiches, & Gatorade and \$1- chips, pop, and candy
- Make sure wrestlers have clean gear and shower after camp!
- First Session starts at 10 am, be early so we can start at 10 am!
- Bring swim trunks and a towel for the last day. We will have a free swim from 2:00-3:00, an hour after the last session. Family included!

* For more information please contact Rod Lone at rlone@wanee.org or call me at 1-574-773-3991.

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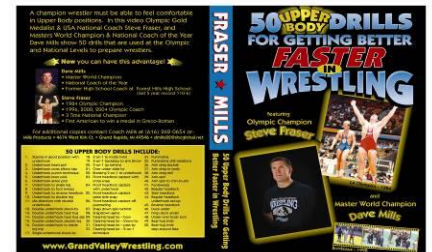
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\$50 late registration (**After May 18th**) *This rate **ONLY** applies to **NORTHWOOD STUDENTS!**
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Rod Lone - 551 N Main St. - Nappanee, IN. 46550

Only \$40

Sign Up Now!